

BMJ Open Epidemiology of cancers in Lahore, Pakistan, among children, adolescents and adults, 2010–2012: a cross-sectional study part 2

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ABSTRACT

Objectives To estimate the cancer incidence by age group for the Lahore district population within the Punjab Cancer Registry (PCR), Pakistan. The average annual population of Lahore was 9.8 million in 2010–2012. This is a sequel to a study published earlier.

Design A cross-sectional study.

Setting The registry has 19 centres in Lahore reporting their data to the coordinating office located within the Shaukat Khanum Memorial Cancer Hospital and Research Center (SKMCH&RC), Lahore, Pakistan.

Participants Data existing in the PCR database, based on a confirmed diagnosis of cancer from 1 January 2010 to 31 December 2012, among the Lahore residents, were reviewed.

Outcome measures Cancer counts and the age-standardised incidence rates (ASIR) per 100 000 population were computed by gender, cancer site/type and age group (0–14, 15–19 and ≥20 years).

Results Between 2010 and 2012, of the 15 840 new cancers diagnosed, 57% were in females. The ASIRs in age groups 0–14, 15–19 and ≥20 years, among females, were: 6.1, 8.4 and 170.7, respectively, and among males, 9.3, 12.2 and 104.5, respectively. The commonly diagnoses in children, adolescents and adults were: (1) among females: leukaemia: 2.2; bone tumour: 1.4 and breast cancer: 79.2, respectively, and (2) among males: leukaemia: 3.6; bone tumour: 2.4 and prostate cancer: 10.7, respectively.

Conclusions The ASIR was higher in adult women than in men, but it was lower in girls and young women than their corresponding male counterparts. Leukaemia was the most common diagnosis in children and bone tumour in adolescents, regardless of gender. Among women, breast cancer and, in men, prostate cancer, were the leading cancer types, in adults. These estimates could be used for the expansion of health coverage in the region including setting-up low cost, diagnostic tests for early detection of cancers.

INTRODUCTION

Pakistan is a less-developed country, categorised as a lower middle-income country, by the World Bank, and¹ it is also a densely populated country with its population estimated at 195.4 million in 2016.² Being a

Strengths and limitations of this study

- This is the first time that the age-standardised incidence rates have been presented for the Lahore district population separately for children, young adults and adults.
- A comparison has been made with the incidence rates reported by other registries around the world, where available.
- Due to sparse data available from districts contiguous to Lahore district within Punjab, comparisons with the surrounding districts could not be made.

heavily populated country with limited resources, certain systems, well established in the more developed countries of the world, are still in the evolving phase in our country. This includes the non-communicable disease surveillance, including cancer registration, which has long been neglected in the region. Setting up and running a registry is a challenging task but is undoubtedly needed in developing countries of the world including Pakistan. In 2005, a population-based registry called the Punjab Cancer Registry (PCR) was set up through the joint efforts of professionals representing different healthcare facilities within the district of Lahore, in the province of Punjab, Pakistan.³ In 2016, we published a paper on the PCR with details related to the cancers registered, over a 3-year period from 2010 to 2012, within the Lahore district, a populous district of the 36 districts of the province of Punjab, Pakistan.⁴ The aforementioned paper was the first paper to report the cancer incidence within the population of the district of Lahore. The current paper is a sequel to the paper published earlier, giving the cancer statistics for the district of Lahore by age category. The goal of the study is to provide the age-adjusted incidence rates for children, young adults/adolescents and adults.



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METHODS

The PCR has 19 centres in Lahore that report their data to the collaborating office located within a charitable organisation, the Shaukat Khanum Memorial Cancer Hospital and Research Center, Lahore, Pakistan. For the purpose of data collection, active and passive methods were used. Active method involved a review by the registry staff of the outpatient and inpatient medical records of the patients and abstraction of data onto special forms. Records included pathology reports and clinical notes from outpatient clinics and indoor patient departments representing medical and radiation oncology, radiology and surgery. However, passive notifications were carried out by healthcare workers/front desk staff other than the registry staff and reported to the registry staff.

Evaluating the data initially retrieved from the PCR database to conduct a retrospective review of the records for our first population-based study on newly diagnosed malignancies in Lahore between 2010 and 2012, we conducted another study to compute the incidence rates for three age categories: 0–14 (children), 15–19 (adolescents) and ≥ 20 years (adults), according to gender and cancer site/type. All cancers were categorised using the International Classification of Diseases, Clinical Modification, 10th revision.⁵ Further groups were created using the International Classification of Childhood Cancer definitions, based on site and morphology coded according to the third edition of the International Classification of Diseases for Oncology.^{6,7} This was done to enable comparisons

with results provided by other registries of the world. A check for multiple primaries was done, according to the rules set by the International Agency for Research on Cancer (IARC).⁸ The population denominators were based on the population structure of Lahore, as provided in table 1, and computed using the average annual growth rate of 3.46% made available by the Government of Pakistan.⁹ The average annual population of Lahore was estimated at 9.8 million during these 3 years of study. Counts and age-standardised incidence rates (ASIR) were calculated for each of the three age categories under review and subsequently for 5-year age groups within the adult category. The ASIRs were computed using the World Standard of Segi as the standard population, by applying the direct method of age standardisation and all the rates presented as per 100 000 population.¹⁰ Patients were followed up between July and October 2015, by making telephone calls to them on the numbers provided on their data collection forms. The purpose of calling them was to find their status—alive/dead. However, contact could be established with 60% of the cases only.⁴ As for the rest, they either did not answer or their SIMS were blocked and if anyone did answer, they said they did not know the concerned person/patient. Data were analysed using Microsoft Excel V.2010 and SPSS V.19. The Institutional Review Board (IRB) of the Shaukat Khanum Memorial Cancer Hospital & Research Center granted exemption from full IRB evaluation of this study. In this manuscript, the term ‘Lahore’ refers to the Lahore district and the ‘Registry’ refers to the PCR.

Table 1 Population estimates for the district of Lahore by gender and age group, 2010–2012

Year →	2010		2011		2012		Total	
	Female	Male	Female	Male	Female	Male	Female	Male
Age group (years)								
0–4	585 856	608 924	606 126	629 992	627 098	651 790	1 819 080	1 890 706
5–9	621 343	661 178	642 841	684 055	665 083	707 723	1 929 267	2 052 956
10–14	603 207	648 088	624 077	670 512	645 671	693 712	1 872 955	2 012 312
15–19	522 833	554 620	540 923	573 810	559 639	593 664	1 623 396	1 722 095
20–24	446 315	495 261	461 757	512 397	477 734	530 125	1 385 807	1 537 783
25–29	352 415	401 889	364 609	415 794	377 225	430 181	1 094 249	1 247 864
30–34	299 024	347 491	309 370	359 514	320 074	371 954	928 468	1 078 959
35–39	242 033	285 887	250 407	295 779	259 071	306 013	751 511	887 679
40–44	208 009	250 761	215 206	259 437	222 652	268 414	645 868	778 612
45–49	161 556	186 385	167 146	192 834	172 929	199 506	501 630	578 725
50–54	144 596	174 903	149 599	180 955	154 775	187 216	448 970	543 073
55–59	91 861	115 698	95 040	119 701	98 328	123 843	285 229	359 242
60–64	82 959	102 349	85 829	105 891	88 799	109 554	257 587	317 794
65–69	50 387	62 312	52 130	64 468	53 934	66 699	156 450	193 480
70–74	40 733	54 305	42 143	56 184	43 601	58 128	126 477	168 616
75+	44 426	56 267	45 963	58 214	47 553	60 229	137 942	174 710
All ages	4 497 552	5 006 319	4 653 167	5 179 538	4 814 167	5 358 750	13 964 885	15 544 606

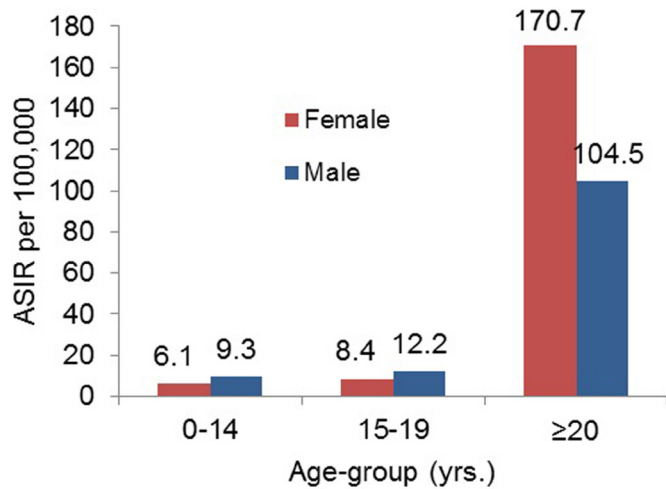


Figure 1 Age-standardised incidence rates (ASIR) by age group and gender, in the Lahore district, Pakistan, 2010–2012.

RESULTS

Of a total of 15 825 patients newly diagnosed with malignancies in Lahore in 3 years’ time from 2010 to 2012, 57.3% were female and 42.7% were male. The age distribution of the entire cohort of 15 825 patients was as follows: mean 48.6 ± 18.2 years, range 0–106 years and mode 60 years (881 patients (5.6%)). The 25th percentile was 38 years, 50th percentile was 50 years and the 75th percentile was 61 years. Almost 93.5% were microscopically confirmed as opposed to 6.5% being non-microscopically confirmed. The total number of malignancies recorded was 15 840, with 15 patients having double primaries.⁴ This accounted for the difference in the numbers of patients and malignancies documented.⁴ Of the 15 840 cases, 9069 (57.3%) were diagnosed in female and 6771 (42.7%) in male patients. The female-to-male ratio among children was 0.46:1, in adolescents 0.48:1 and in adults 1.07:1. Among females, the three highest ASIRs according to age group and subcategory of tumours were: in children: lymphoid leukaemia (1.6) and bone, eye and brain and other central nervous system (CNS) tumours (0.5 each); in adolescents: bone tumours (1.4), brain and other CNS tumours (0.9) and ovary (0.8); and in adults: cancers of the breast (79.2), ovary (7.9) and corpus uteri (6.1). Among males, the highest ASIRs were: in children: lymphoid leukaemia (2.7), Hodgkin’s lymphoma (1.1) and brain and other CNS tumours (0.8); in young adults: bone (2.4), non-Hodgkin’s lymphoma (NHL) (1.3) and brain and other CNS tumours (1.2); and in adults: cancers of the prostate (10.7), bladder (8.4) and trachea, bronchus and lung (7.7). The proportional distribution of paediatric embryonal tumours was: retinoblastoma 5.5%, neuroblastoma 2.7%, rhabdomyosarcoma 2.1% (0–14 years) and 5.2% (15–19 years) and nephroblastoma 2.7%. The ASIR for the entire 0–19 year group was also computed, and it was 6.6 for female and 9.9 for male patients. Figures 1–3 and tables 2 and 3 display the ASIRs by gender, age group and cancer type. Within

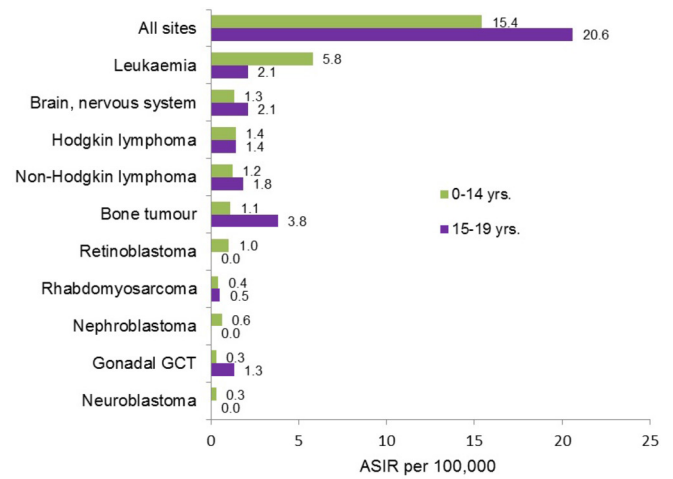


Figure 2 Age-standardised incidence rates (ASIR) in children and adolescents, in the Lahore district, Pakistan, 2010–2012.

tables 2 and 3, incidence rates based on fewer than 10 cases are shown in italics following IARC *Cancer Incidence in Five Continents* (CI5) practice to indicate unstable incidence rates. Tables 4 and 5 display the 5-year age-specific incidence rates in adults by cancer type, for females and males, respectively. Table 6 shows a comparison of our results with the incidence rates stated in different studies conducted in Pakistan and New Delhi according to three broad age categories, table 7 shows a comparison of our results with those reported in America and Bangladesh in children and young adults, while online supplementary appendix A shows a comparison of our results in

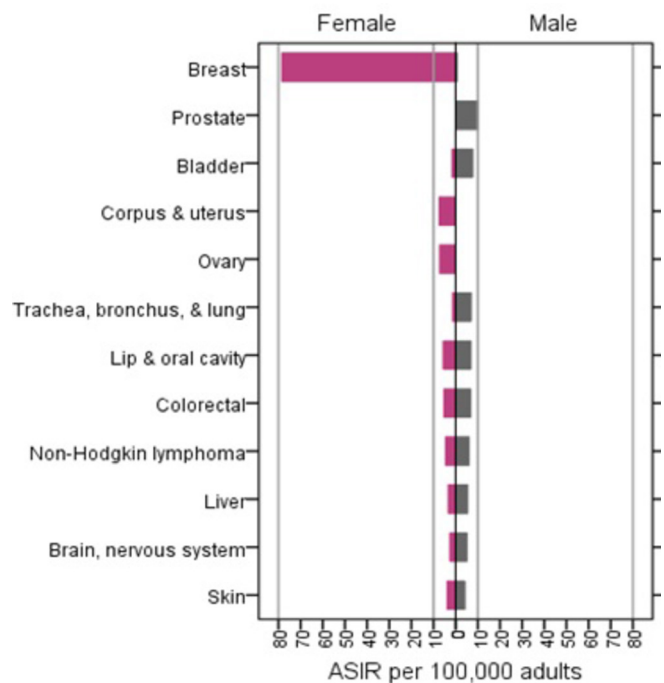


Figure 3 Age-standardised incidence rates (ASIR) by gender among adults, in the Lahore district, Pakistan, 2010–2012.

Table 2 Age-standardised incidence rates (ASIR) among females, by age group, in the Lahore district, Pakistan, 2010–2012

Site (females)	Count 0–14years	ASIR 0–14years	Count 15–19years	ASIR 15–19years	Count ≥20years	ASIR ≥20years
Lip	0	0.0	0	0.0	9	0.2
Tongue	0	0.0	0	0.0	129	2.8
Mouth	0	0.0	3	0.2	127	2.6
Salivary glands	1	0.0	0	0.0	40	0.7
Tonsil	0	0.0	0	0.0	8	0.2
Nasopharynx	1	0.0	2	0.1	16	0.3
Hypopharynx	0	0.0	1	0.1	31	0.6
Pharynx	1	0.0	0	0.0	4	0.1
Oesophagus	0	0.0	1	0.1	94	2.0
Stomach	0	0.0	0	0.0	105	2.1
Small intestine	0	0.0	0	0.0	17	0.4
Colon	1	0.0	5	0.3	153	3.1
Rectum	1	0.0	4	0.2	132	2.5
Anus	0	0.0	0	0.0	23	0.4
Liver	3	0.1	1	0.1	173	4.0
Gall bladder and so on	0	0.0	1	0.1	138	3.2
Pancreas	0	0.0	1	0.1	39	0.9
Other ill-defined dig. orgs.	1	0.0	1	0.1	12	0.2
Nose, sinuses	1	0.0	2	0.1	24	0.5
Larynx	0	0.0	0	0.0	28	0.6
Trachea, bronchus and lung	2	0.0	3	0.2	87	2.0
Other thoracic organs	0	0.0	1	0.1	15	0.3
Bone	29	0.5	22	1.4	40	0.5
Melanoma of the skin	0	0.0	0	0.0	13	0.2
Other skin	1	0.0	2	0.1	193	4.4
Connective and soft tissue	19	0.3	9	0.6	80	1.4
Breast	3	0.0	2	0.1	4077	79.2
Vulva	1	0.0	0	0.0	18	0.4
Vagina	0	0.0	0	0.0	16	0.3
Cervix uteri	0	0.0	0	0.0	247	4.8
Corpus uteri	0	0.0	0	0.0	267	6.1
Uterus, unspecified	0	0.0	0	0.0	89	1.9
Ovary	12	0.2	13	0.8	417	7.9
Other female genital organ	0	0.0	0	0.0	18	0.4
Placenta	0	0.0	0	0.0	7	0.1
Kidney	15	0.3	0	0.0	87	1.7
Renal pelvis	0	0.0	0	0.0	1	0.0
Ureter	0	0.0	0	0.0	1	0.0
Bladder	1	0.0	1	0.1	107	2.4
Eye	23	0.5	0	0.0	17	0.4
Brain, nervous system	32	0.5	14	0.9	181	3.3
Thyroid	2	0.0	3	0.2	210	3.5
Adrenal	2	0.0	0	0.0	2	0.0
Hodgkin's lymphoma	16	0.3	7	0.4	57	0.9

Continued

Table 2 Continued

Site (females)	Count 0–14years	ASIR 0–14years	Count 15–19years	ASIR 15–19years	Count ≥20years	ASIR ≥20years
Non-Hodgkin's lymphoma	18	0.3	8	0.5	251	5.3
Multiple myeloma	0	0.0	0	0.0	36	0.8
Lymphoid leukaemia	89	1.6	5	0.3	18	0.3
Myeloid leukaemia	13	0.2	4	0.2	45	0.7
Other leukaemias	1	0.0	0	0.0	1	0.0
Leukaemia, unspecified	21	0.4	5	0.3	14	0.2
Other and unspecified	17	0.3	3	0.2	516	10.8
Benign CNS	12	0.2	12	0.7	164	2.8
All sites (n (%))	339 (3.7)	6.1	136 (1.5)	8.4	8594 (94.7)	170.7

CNS, central nervous system.

four groups within the age band of 50–69 years with those reported by two registries in India and in the UK.

Nearly 27.5% of the 15825 patients were alive by the cut-off date for this study, approximately 32.4% had died and the vital status of about 40.1% could not be determined. Of the 5134 deaths recorded, 5.7% were reported in children, 2.3% in young adults and 92.1% in adults.

DISCUSSION

In our study, the ASIR was higher in adult women than in men, but it was lower in girls and young women than their corresponding male counterparts. Leukaemia was the most common diagnosis in children and bone tumour in young adults, regardless of gender. Among women, breast cancer and, in men, prostate cancer, were the leading cancer types, in adults. Furthermore, more than 90% of the cancers were recorded in adults again reinforcing the fact that cancer is primarily a disease of the older people; over 50% of the cases were diagnosed in patients 50 years of age and above. This scenario is different from what has been observed in the UK, where more than half of all cancer cases each year were diagnosed in people aged 70 years and over, in 2011–2013.¹¹ Moreover, in our study, cancers in children accounted for about 5.6% of the cases, but in the UK, these accounted for less than 1% of all new cancer cases each year, 2011–2013.¹¹ Both in the UK and our study, leukaemia was the most commonly diagnosed cancer in children, while leukaemia, lymphoma, brain and other CNS tumours together accounted for more than two-thirds of all cancers diagnosed in children.¹¹ In the UK, cancer in teenagers and young adults accounted for less than 1% of all new cancer cases, but in our study, cancer in children and adolescents accounted for 7.8% of all diagnoses, higher than what has been reported in the UK.¹¹ This may be attributed to a difference in the characteristics of the UK population from that of the Lahore population. The UK has an ageing population and a comparison of the population distributions for the UK to the Lahore district population has been made: for ages 0–15 years: 19% versus 40%; for ages 16–64 years:

64% versus 57% and for ages 65 years and more: 18% versus 3%, respectively.¹² A study recently published from Bangladesh has shown that, during 2011–2014, among children, leukaemias, retinoblastoma and malignant bone tumours were the most commonly diagnosed cancers, whereas in adolescents, malignant bone tumours, germ cell and gonadal tumours and epithelial tumours were the three most common cancer types.¹³ However, the ASIRs reported in the aforesaid study from Bangladesh are low as compared with our study; these are, per 100 000 population, 0.78 versus 15.4, respectively, for the age group of 0–14 years and 0.21 versus 20.6, respectively, for the age group of 15–19 years for all sites combined. Another study reporting the findings from different regions of India has shown that, in New Delhi, the ASIR for females was 7.6 and for males 14.6, per 100 000 population, in the age group of 0–14 years during 1978–2002.¹⁴ These figures are somewhat different from what has been reported in our study, which is 6.1 for girls and 9.3 three for boys. The ASIRs per 100 000 for New Delhi and Lahore for leukaemia among girls were 2.26 and 2.2, respectively, and among boys 5.11 and 3.6, respectively; these are more similar than different from one another. In New Delhi, following leukaemia, high ASIRs were recorded for brain and other CNS tumours (1.09) and kidney tumours (0.64) among girls, whereas, among boys, for lymphomas (2.5) and brain and other CNS tumours (1.5). The reports from Bangladesh and New Delhi provide the incidence rates per million population. However, in order to make comparisons with our study, these have been presented as per 100 000 population.

Further comparison of the incidence rates obtained in our study has been made with those provided by two other studies conducted in Lahore and with one conducted in the Karachi South district, which was part of the Karachi Cancer Registry (KCR). The studies conducted in Lahore, two in number, were based on cancer incidence in children and adolescents registered at the SKMCH&RC, Lahore.^{15 16} The last report on Karachi South published in the CI5, Volume IX, was based on the 1998–2002 data

Table 3 Age-standardised incidence rates (ASIR) among males, by age group, in the Lahore district, Pakistan, 2010–2012

Site (males)	Count 0–14years	ASIR 0–14years	Count 15–19years	ASIR 15–19years	Count ≥20years	ASIR ≥20years
Lip	0	0.0	0	0.0	13	0.2
Tongue	0	0.0	0	0.0	180	3.0
Mouth	2	0.0	0	0.0	210	3.6
Salivary glands	2	0.0	1	0.1	47	0.8
Tonsil	0	0.0	0	0.0	8	0.1
Other oropharynx	0	0.0	0	0.0	6	0.1
Nasopharynx	0	0.0	2	0.1	17	0.3
Hypopharynx	0	0.0	0	0.0	21	0.4
Pharynx	0	0.0	0	0.0	5	0.1
Oesophagus	0	0.0	1	0.1	126	2.3
Stomach	1	0.0	0	0.0	161	2.7
Small intestine	0	0.0	0	0.0	26	0.4
Colon	1	0.0	7	0.4	222	3.9
Rectum	0	0.0	7	0.4	179	3.0
Anus	0	0.0	2	0.1	39	0.6
Liver	1	0.0	1	0.1	326	6.1
Gall bladder and so on	0	0.0	1	0.1	92	1.7
Pancreas	0	0.0	0	0.0	57	1.1
Other ill-defined dig. orgs.	0	0.0	0	0.0	16	0.3
Nose, sinuses	1	0.0	2	0.1	29	0.5
Larynx	0	0.0	0	0.0	183	3.4
Trachea, bronchus and lung	0	0.0	0	0.0	396	7.7
Other thoracic organs	2	0.0	1	0.1	23	0.4
Bone	38	0.6	42	2.4	63	0.9
Melanoma of the skin	1	0.0	1	0.1	11	0.2
Other skin	8	0.1	4	0.2	259	4.6
Connective and soft tissue	21	0.4	15	0.9	108	1.6
Breast	0	0.0	1	0.1	69	1.3
Penis	0	0.0	0	0.0	1	0.0
Prostate	0	0.0	0	0.0	526	10.7
Testis	4	0.1	9	0.5	77	0.9
Other male genital organs	1	0.0	0	0.0	4	0.1
Kidney	17	0.3	2	0.1	153	2.7
Renal pelvis	0	0.0	0	0.0	1	0.0
Ureter	0	0.0	0	0.0	1	0.0
Bladder	1	0.0	0	0.0	440	8.4
Other urinary organs	0	0.0	0	0.0	2	0.0
Eye	27	0.5	2	0.1	28	0.5
Brain, nervous system	48	0.8	20	1.2	390	5.8
Thyroid	1	0.0	3	0.2	77	1.2
Adrenal	1	0.0	1	0.1	5	0.1
Hodgkin's lymphoma	66	1.1	17	1.0	119	1.7
non-Hodgkin's lymphoma	58	0.9	23	1.3	412	6.8
Multiple myeloma	1	0.0	0	0.0	52	0.9

Continued

Table 3 Continued

Site (males)	Count 0–14years	ASIR 0–14years	Count 15–19years	ASIR 15–19years	Count ≥20years	ASIR ≥20years
Lymphoid leukaemia	156	2.7	12	0.7	39	0.6
Myeloid leukaemia	21	0.3	7	0.4	79	1.1
Other leukaemias	0	0.0	0	0.0	6	0.1
Leukaemia, unspecified	34	0.6	3	0.2	23	0.3
Other and unspecified	21	0.3	15	0.9	525	9.2
Benign CNS	19	0.3	8	0.5	155	2.1
All sites (n (%))	554 (8.1)	9.3	210 (3.1)	12.2	6007 (88.7)	104.5

CNS, central nervous system.

provided by Dr Yasmin Bhurgri (late) to the agency.¹⁷ The average annual population of Karachi South was less than half a million. The age-specific rates and the population structure reported in CI5, Volume IX, for Karachi South have been used by the PCR Staff to compute the ASIRs for the Karachi South district according to three age groups under consideration and the top ranking cancers as reported in Lahore to enable a comparison between these two regions of Pakistan. Table 6 shows the details related to the cancers with highest ranking ASIRs seen in Lahore along with corresponding ASIRs obtained from four other studies, including India, where available. The comparison shows that the ASIRs in children were more similar than different from one another except for brain and other CNS tumours and Hodgkin's lymphoma, which were relatively high in Karachi South. The incidence of paediatric brain tumours appeared to be comparatively low in Lahore; perhaps not everyone could afford an MRI/CT and some of these kids died before a diagnosis was made or the cases were under-reported. Among adolescents, again, the incidence rates were comparable with aforementioned studies, except for ovarian cancer and NHL having higher ASIRs in Karachi South than in Lahore. A recent report on childhood cancers released by the IARC has shown almost the same results for the 2008–2012 time period for Lahore district as part of the PCR, as for the 3-year time period on which our study is based.¹⁸ In table 7, further comparison with the incidence rates reported by the American Cancer Society (ACS) in two different studies shows the rates to be more similar than different from one another except for brain and other CNS tumours, which were noticeably low in our study; for Hodgkin's lymphoma, the rate was high in our study in children but low in young adults, and for bone tumour, the rate was substantially high in our study compared with that reported in the ACS studies.^{19 20} Table 7 shows the details related to the Bangladesh study, the ACS studies (two in number) and our own study.

Among adult patients, as shown in table 6, all the ASIRs reported for Karachi South were higher than for Lahore, except for brain and other CNS tumours. In adults, breast cancer in females and prostate cancer in males had the highest ASIRs in Lahore. In Karachi South, the ASIR for

breast cancer was higher (114.9) than that recorded in Lahore (79.2). In Lahore, the ASIR for prostate cancer was 10.7 and for bladder cancer it was 8.4, among men, compared with 16.8 and 15.4, respectively, in Karachi South. Furthermore, in Karachi South, the highest ASIRs, after breast cancer in women, were recorded for tobacco-related cancers, that is, those of the trachea, bronchus and lung (41.9) and lip and oral cavity (37.2), in men. The ASIR for cancers of the lip and oral cavity were also high (33.7) among women in Karachi South. The point to be noted is that in our previous publication on cancers in the Lahore district, the ASIR for breast cancer in females, for all age groups combined,⁴ was reported to be 47.6, while in the current study, stratification by age group has shown the ASIR to be 79.2 among adult women. The relatively high ASIR for breast cancer is intriguing as no definite risk factors have been identified so far. An epidemiological, retrospective study on breast cancer at a cancer treatment facility in Lahore has shown that most women were parous, had breast fed their babies, had not used any oral contraceptives or hormone replacement therapy and there was no noteworthy difference in the premenopausal and postmenopausal status. A family history of cancer was present in less than one-fifths of the patients.²¹ Furthermore, these females had a relatively low mean presenting age (48 years), age at menarche was 13.2 years, age at first childbirth was 23.7 years and the body mass index (BMI) was on the higher side.²¹ The vast majority of cancers appeared to be sporadic in nature, while a lower age at menarche and a higher BMI appeared to be striking.²¹ Although the findings of various studies including case-control studies have not been consistent with one another, it has been demonstrated that factors as young age at menarche, single marital status, nulliparity, late first full-term pregnancy, use of oral contraceptives, late menopause, high BMI and a family history of breast cancer could be associated with an increased risk, whereas young age at first live birth, increasing parity and vitamin D supplementation could be associated with a decreased risk of this disease in our population. Large-scale, population-based studies are needed to validate demographic, clinical and lifestyle risk factors related to pathways of this disease including the abovementioned factors.^{22–26}

Table 4 Counts and age-specific incidence rates (ASIR) among adult females, by age group, in the Lahore district, Pakistan, 2010–2012

Site – females	Count 20-	ASIR 20-	Count 25-	ASIR 25-	Count 30-	ASIR 30-	Count 35-	ASIR 35-	Count 40-	ASIR 40-	Count 45-	ASIR 45-	Count 50-	ASIR 50-	Count 55-	ASIR 55-	Count 60-	ASIR 60-	Count 65-	ASIR 65-	Count 70-	ASIR 70-	Count 75+	ASIR 75+
Lip	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.2	0	0.0	3	1.1	1	0.4	1	0.6	2	1.6	1	0.7
Tongue	2	0.1	1	0.1	2	0.2	9	1.2	9	1.4	27	5.4	21	4.7	14	4.9	17	6.6	9	5.8	11	8.7	7	5.1
Mouth	3	0.2	3	0.3	2	0.2	11	1.5	19	2.9	8	1.6	27	6.0	13	4.6	9	3.5	11	7.0	14	11.1	7	5.1
Salivary glands	2	0.1	6	0.5	2	0.2	6	0.8	3	0.5	3	0.6	5	1.1	2	0.7	7	2.7	3	1.9	1	0.8	0	0.0
Tonsil	0	0.0	0	0.0	0	0.0	1	0.1	0	0.0	1	0.2	3	0.7	1	0.4	0	0.0	0	0.0	1	0.8	1	0.7
Nasopharynx	1	0.1	2	0.2	3	0.3	0	0.0	2	0.3	3	0.6	1	0.2	1	0.4	1	0.4	0	0.0	2	1.6	0	0.0
Hypopharynx	3	0.2	1	0.1	2	0.2	4	0.5	2	0.3	3	0.6	3	0.7	4	1.4	5	1.9	1	0.6	2	1.6	1	0.7
Pharynx	0	0.0	1	0.1	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	0	0.0	1	0.8	1	0.7
Oesophagus	0	0.0	3	0.3	3	0.3	7	0.9	12	1.9	20	4.0	8	1.8	8	2.8	15	5.8	7	4.5	6	4.7	5	3.6
Stomach	4	0.3	1	0.1	9	1.0	10	1.3	14	2.2	19	3.8	11	2.5	11	3.9	7	2.7	14	8.9	0	0.0	5	3.6
Small intestine	1	0.1	0	0.0	0	0.0	0	0.0	4	0.6	0	0.0	0	0.0	1	0.4	5	1.9	2	1.3	3	2.4	1	0.7
Colon	2	0.1	8	0.7	12	1.3	15	2.0	13	2.0	17	3.4	15	3.3	20	7.0	13	5.0	15	9.6	12	9.5	11	8.0
Rectum	13	0.9	10	0.9	13	1.4	9	1.2	11	1.7	15	3.0	14	3.1	12	4.2	13	5.0	7	4.5	8	6.3	7	5.1
Anus	2	0.1	0	0.0	3	0.3	1	0.1	6	0.9	3	0.6	1	0.2	0	0.0	2	0.8	1	0.6	3	2.4	1	0.7
Liver	2	0.1	1	0.1	2	0.2	2	0.3	9	1.4	22	4.4	28	6.2	32	11.2	31	12.0	26	16.6	11	8.7	7	5.1
Gall bladder and so on	0	0.0	0	0.0	5	0.5	3	0.4	10	1.5	13	2.6	22	4.9	19	6.7	23	8.9	22	14.1	9	7.1	12	8.7
Pancreas	0	0.0	2	0.2	1	0.1	4	0.5	2	0.3	4	0.8	4	0.9	6	2.1	2	0.8	9	5.8	3	2.4	2	1.4
Other ill-defined digestive	2	0.1	1	0.1	1	0.1	0	0.0	0	0.0	0	0.0	4	0.9	0	0.0	3	1.2	0	0.0	1	0.8	0	0.0
Nose, sinuses	0	0.0	0	0.0	1	0.1	2	0.3	0	0.0	3	0.6	3	0.7	5	1.8	6	2.3	2	1.3	1	0.8	1	0.7
Larynx	0	0.0	0	0.0	2	0.2	1	0.1	4	0.6	4	0.8	6	1.3	4	1.4	3	1.2	1	0.6	0	0.0	3	2.2
Trachea, bronchus and lung	1	0.1	1	0.1	5	0.5	3	0.4	6	0.9	7	1.4	8	1.8	13	4.6	14	5.4	13	8.3	8	6.3	8	5.8
Other thoracic organs	0	0.0	0	0.0	0	0.0	2	0.3	1	0.2	4	0.8	0	0.0	1	0.4	4	1.6	1	0.6	1	0.8	1	0.7
Bone	13	0.9	3	0.3	4	0.4	10	1.3	2	0.3	3	0.6	2	0.4	1	0.4	0	0.0	0	0.0	2	1.6	0	0.0
Melanoma of the skin	0	0.0	1	0.1	1	0.1	2	0.3	1	0.2	2	0.4	2	0.4	2	0.7	0	0.0	0	0.0	1	0.8	1	0.7
Other skin	1	0.1	3	0.3	2	0.2	10	1.3	19	2.9	11	2.2	23	5.1	18	6.3	29	11.3	26	16.6	24	19.0	27	19.6
Connective and soft tissue	9	0.6	9	0.8	7	0.8	9	1.2	11	1.7	6	1.2	8	1.8	4	1.4	4	1.6	6	3.8	3	2.4	4	2.9
Breast	46	3.3	153	14.0	299	32.2	420	55.9	557	86.2	636	126.8	585	130.3	452	158.5	397	154.1	247	157.9	158	124.9	127	92.1
Vulva	0	0.0	0	0.0	1	0.1	3	0.4	1	0.2	1	0.2	0	0.0	4	1.4	2	0.8	1	0.6	1	0.8	4	2.9
Vagina	0	0.0	2	0.2	0	0.0	1	0.1	2	0.3	4	0.8	1	0.2	2	0.7	1	0.4	0	0.0	1	0.8	2	1.4
Cervix uteri	3	0.2	4	0.4	12	1.3	29	3.9	37	5.7	47	9.4	32	7.1	30	10.5	26	10.1	13	8.3	7	5.5	7	5.1
Corpus uteri	0	0.0	2	0.2	6	0.6	11	1.5	12	1.9	30	6.0	44	9.8	47	16.5	57	22.1	25	16.0	23	18.2	10	7.2
Uterus unspecified	0	0.0	1	0.1	1	0.1	7	0.9	10	1.5	17	3.4	18	4.0	8	2.8	15	5.8	6	3.8	6	4.7	0	0.0
Ovary	22	1.6	21	1.9	28	3.0	37	4.9	51	7.9	61	12.2	60	13.4	44	15.4	50	19.4	19	12.1	14	11.1	10	7.2

Continued

Table 4 Continued

Site – females	Count 20-	ASIR 20-	Count 25-	ASIR 25-	Count 30-	ASIR 30-	Count 35-	ASIR 35-	Count 40-	ASIR 40-	Count 45-	ASIR 45-	Count 50-	ASIR 50-	Count 55-	ASIR 55-	Count 60-	ASIR 60-	Count 65-	ASIR 65-	Count 70-	ASIR 70-	Count 75+	ASIR 75+
Other female genital organ	0	0.0	1	0.1	0	0.0	2	0.3	3	0.5	1	0.2	1	0.2	2	0.7	6	2.3	1	0.6	1	0.8	0	0.0
Placenta	2	0.1	1	0.1	3	0.3	1	0.1	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Kidney	3	0.2	0	0.0	2	0.2	12	1.6	13	2.0	8	1.6	12	2.7	14	4.9	8	3.1	5	3.2	4	3.2	6	4.3
Renal pelvis	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Ureter	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	0.8	0	0.0
Bladder	0	0.0	1	0.1	2	0.2	8	1.1	8	1.2	8	1.6	12	2.7	14	4.9	13	5.0	14	8.9	13	10.3	14	10.1
Eye	0	0.0	0	0.0	0	0.0	0	0.0	2	0.3	2	0.4	0	0.0	0	0.0	2	0.8	7	4.5	1	0.8	3	2.2
Brain, nervous system	13	0.9	22	2.0	13	1.4	19	2.5	21	3.3	22	4.4	22	4.9	15	5.3	13	5.0	12	7.7	5	4.0	4	2.9
Thyroid	26	1.9	17	1.6	26	2.8	22	2.9	21	3.3	23	4.6	29	6.5	10	3.5	17	6.6	5	3.2	10	7.9	4	2.9
Adrenal	1	0.1	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Hodgkin disease	13	0.9	11	1.0	4	0.4	8	1.1	2	0.3	5	1.0	1	0.2	5	1.8	4	1.6	1	0.6	3	2.4	0	0.0
Non-Hodgkin's lymphoma	7	0.5	9	0.8	8	0.9	15	2.0	23	3.6	29	5.8	33	7.4	35	12.3	28	10.9	22	14.1	17	13.4	25	18.1
Multiple myeloma	0	0.0	0	0.0	0	0.0	1	0.1	2	0.3	8	1.6	5	1.1	2	0.7	7	2.7	5	3.2	5	4.0	1	0.7
Lymphoid leukaemia	2	0.1	2	0.2	2	0.2	0	0.0	3	0.5	1	0.2	1	0.2	2	0.7	3	1.2	1	0.6	1	0.8	0	0.0
Myeloid leukaemia	7	0.5	7	0.6	6	0.6	5	0.7	3	0.5	3	0.6	5	1.1	4	1.4	2	0.8	1	0.6	2	1.6	0	0.0
Other leukaemias	0	0.0	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Leukaemia unspecified	2	0.1	3	0.3	1	0.1	1	0.1	1	0.2	1	0.2	3	0.7	0	0.0	0	0.0	1	0.6	1	0.8	0	0.0
Other and unspecified	15	1.1	20	1.8	25	2.7	35	4.7	45	7.0	63	12.6	67	14.9	71	24.9	62	24.1	53	33.9	34	26.9	26	18.8
Benign central nervous system	4	0.3	17	1.6	20	2.2	29	3.9	26	4.0	24	4.8	16	3.6	6	2.1	11	4.3	7	4.5	3	2.4	1	0.7
All sites (n (%))	227 (2.6)	16.4	351 (4.1)	32.1	541 (6.3)	58.3	787 (9.1)	104.7	1005 (11.7)	155.6	1193 (13.9)	237.8	1167 (13.6)	259.9	963 (11.2)	337.6	938 (10.9)	364.1	623 (7.2)	398.2	441 (5.1)	348.7	358 (4.1)	259.5

Table 5 Counts and age-specific incidence rates (ASIR) among adult males by age group, in the Lahore district, Pakistan, 2010–2012

Site - males	20-		25-		30-		35-		40-		45-		50-		55-		60-		65-		70-		75+			
	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR	Count	ASIR		
Lip	1	0.1	0	0.0	1	0.1	2	0.2	0	0.0	0	0.0	1	0.2	2	0.6	4	1.3	1	0.5	1	0.5	1	0.6	0	0.0
Tongue	4	0.3	7	0.6	6	0.6	18	2.0	27	3.5	21	3.6	24	4.4	18	5.0	23	7.2	12	6.2	16	6.2	16	9.5	4	2.3
Mouth	1	0.1	2	0.2	13	1.2	10	1.1	23	3.0	31	5.4	26	4.8	35	9.7	32	10.1	17	8.8	13	7.7	7	4.0		
Salivary glands	2	0.1	2	0.2	3	0.3	6	0.7	5	0.6	4	0.7	4	0.7	4	1.1	6	1.9	3	1.6	5	3.0	3	1.7		
Tonsil	0	0.0	1	0.1	0	0.0	1	0.1	1	0.1	0	0.0	1	0.2	1	0.3	2	0.6	1	0.5	0	0.0	0	0.0	0	0.0
Other oropharynx	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	2	0.3	0	0.0	2	0.6	1	0.3	0	0.0	1	0.6	0	0.0	0	0.0
Nasopharynx	1	0.1	0	0.0	2	0.2	1	0.1	2	0.3	2	0.3	1	0.2	3	0.8	4	1.3	1	0.5	0	0.0	0	0.0	0	0.0
Hypopharynx	0	0.0	1	0.1	1	0.1	1	0.1	2	0.3	0	0.0	3	0.6	1	0.3	3	0.9	2	1.0	2	1.2	5	2.9		
Pharynx	0	0.0	0	0.0	0	0.0	1	0.1	1	0.1	2	0.3	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Oesophagus	1	0.1	3	0.2	3	0.3	7	0.8	4	0.5	18	3.1	17	3.1	16	4.5	17	5.3	12	6.2	16	9.5	12	6.9		
Stomach	1	0.1	10	0.8	10	0.9	12	1.4	17	2.2	22	3.8	18	3.3	17	4.7	14	4.4	20	10.3	14	8.3	6	3.4		
Small intestine	2	0.1	0	0.0	0	0.0	3	0.3	1	0.1	3	0.5	3	0.6	3	0.8	3	0.9	1	0.5	3	1.8	4	2.3		
Colon	12	0.8	8	0.6	8	0.7	13	1.5	16	2.1	28	4.8	24	4.4	21	5.8	37	11.6	28	14.5	16	9.5	11	6.3		
Rectum	11	0.7	11	0.9	15	1.4	9	1.0	8	1.0	19	3.3	21	3.9	18	5.0	26	8.2	23	11.9	7	4.2	11	6.3		
Anus	2	0.1	1	0.1	5	0.5	0	0.0	5	0.6	3	0.5	7	1.3	3	0.8	7	2.2	3	1.6	1	0.6	2	1.1		
Liver	1	0.1	2	0.2	0	0.0	13	1.5	15	1.9	30	5.2	55	10.1	61	17.0	47	14.8	47	24.3	29	17.2	26	14.9		
Gall bladder and so on	1	0.1	1	0.1	1	0.1	3	0.3	4	0.5	3	0.5	16	2.9	13	3.6	16	5.0	14	7.2	7	4.2	13	7.4		
Pancreas	1	0.1	0	0.0	1	0.1	0	0.0	6	0.8	8	1.4	7	1.3	11	3.1	4	1.3	9	4.7	8	4.7	2	1.1		
Other ill-defined digestive	1	0.1	0	0.0	0	0.0	0	0.0	1	0.1	3	0.5	2	0.4	1	0.3	2	0.6	4	2.1	0	0.0	2	1.1		
Nose, sinuses	3	0.2	2	0.2	0	0.0	2	0.2	1	0.1	3	0.5	3	0.6	5	1.4	3	0.9	3	1.6	4	2.4	0	0.0		
Larynx	4	0.3	0	0.0	2	0.2	4	0.5	12	1.5	22	3.8	25	4.6	28	7.8	33	10.4	24	12.4	19	11.3	10	5.7		
Trachea, bronchus and lung	2	0.1	1	0.1	6	0.6	17	1.9	14	1.8	33	5.7	26	4.8	47	13.1	68	21.4	62	32.0	63	37.4	57	32.6		
Other thoracic organs	0	0.0	0	0.0	1	0.1	2	0.2	2	0.3	1	0.2	6	1.1	0	0.0	2	0.6	1	0.5	3	1.8	5	2.9		
Bone	16	1.0	6	0.5	6	0.6	6	0.7	5	0.6	5	0.9	3	0.6	1	0.3	10	3.1	1	0.5	3	1.8	1	0.6		
Melanoma of the skin	0	0.0	1	0.1	1	0.1	1	0.1	0	0.0	0	0.0	0	0.0	4	1.1	0	0.0	1	0.5	0	0.0	3	1.7		
Other skin	4	0.3	11	0.9	17	1.6	18	2.0	18	2.3	16	2.8	22	4.1	31	8.6	36	11.3	32	16.5	17	10.1	37	21.2		
Connective and soft tissue	13	0.8	14	1.1	8	0.7	10	1.1	4	0.5	16	2.8	6	1.1	9	2.5	9	2.8	7	3.6	7	4.2	5	2.9		
Breast	1	0.1	1	0.1	0	0.0	3	0.3	7	0.9	12	2.1	8	1.5	7	1.9	6	1.9	17	8.8	4	2.4	3	1.7		
Penis	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0		
Prostate	2	0.1	1	0.1	0	0.0	0	0.0	2	0.3	6	1.0	24	4.4	47	13.1	86	27.1	89	46.0	117	69.4	152	87.0		
Testis	17	1.1	15	1.2	13	1.2	10	1.1	8	1.0	4	0.7	3	0.6	1	0.3	1	0.3	3	1.6	1	0.6	1	0.6		
Other male genital organs	1	0.1	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	2	1.0	1	0.6	0	0.0		
Kidney	2	0.1	2	0.2	3	0.3	8	0.9	21	2.7	19	3.3	18	3.3	20	5.6	20	6.3	14	7.2	16	9.5	10	5.7		
Renal pelvis	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0		

Continued

Table 5 Continued

Site - males	Count 20-	ASIR 20-	Count 25-	ASIR 25-	Count 30-	ASIR 30-	Count 35-	ASIR 35-	Count 40-	ASIR 40-	Count 45-	ASIR 45-	Count 50-	ASIR 50-	Count 55-	ASIR 55-	Count 60-	ASIR 60-	Count 65-	ASIR 65-	Count 70-	ASIR 70-	Count 75+	ASIR 75+
Ureter	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0
Bladder	1	0.1	3	0.2	4	0.4	16	1.8	17	2.2	34	5.9	41	7.5	69	19.2	73	23.0	58	30.0	50	29.7	74	42.4
Other urinary organs	0	0.0	0	0.0	1	0.1	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	1	0.6
Eye	2	0.1	1	0.1	0	0.0	1	0.1	1	0.1	4	0.7	3	0.6	1	0.3	5	1.6	4	2.1	4	2.4	2	1.1
Brain, nervous system	24	1.6	36	2.9	49	4.5	39	4.4	39	5.0	42	7.3	48	8.8	38	10.6	36	11.3	19	9.8	14	8.3	6	3.4
Thyroid	3	0.2	9	0.7	9	0.8	3	0.3	6	0.8	8	1.4	10	1.8	12	3.3	5	1.6	5	2.6	5	3.0	2	1.1
Adrenal	2	0.1	0	0.0	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	1	0.3	0	0.0	0	0.0	1	0.6	0	0.0
Hodgkin's disease	14	0.9	18	1.4	13	1.2	12	1.4	12	1.5	9	1.6	8	1.5	12	3.3	6	1.9	8	4.1	6	3.6	1	0.6
Non-Hodgkin's lymphoma	30	2.0	20	1.6	27	2.5	22	2.5	36	4.6	34	5.9	55	10.1	42	11.7	58	18.3	35	18.1	28	16.6	25	14.3
Multiple myeloma	0	0.0	0	0.0	2	0.2	2	0.2	4	0.5	7	1.2	7	1.3	9	2.5	10	3.1	3	1.6	4	2.4	4	2.3
Lymphoid leukaemia	8	0.5	3	0.2	3	0.3	1	0.1	6	0.8	2	0.3	5	0.9	2	0.6	2	0.6	4	2.1	0	0.0	3	1.7
Myeloid leukaemia	11	0.7	10	0.8	10	0.9	12	1.4	8	1.0	6	1.0	4	0.7	7	1.9	6	1.9	4	2.1	0	0.0	1	0.6
Other leukaemias	1	0.1	1	0.1	0	0.0	0	0.0	1	0.1	0	0.0	2	0.4	0	0.0	0	0.0	0	0.0	1	0.6	0	0.0
Leukaemia unspecified	7	0.5	3	0.2	3	0.3	1	0.1	2	0.3	2	0.3	1	0.2	1	0.3	2	0.6	0	0.0	1	0.6	0	0.0
Other and unspecified	6	0.4	25	2.0	28	2.6	26	2.9	37	4.8	35	6.0	66	12.2	67	18.7	76	23.9	55	28.4	43	25.5	61	34.9
Benign central nervous system	12	0.8	25	2.0	21	1.9	21	2.4	16	2.1	19	3.3	18	3.3	4	1.1	10	3.1	3	1.6	5	3.0	1	0.6
All sites (n (%))	228 (3.8)	14.8	257 (4.3)	20.6	296 (4.9)	27.4	337 (5.6)	38.0	418 (7.0)	53.7	539 (9.0)	93.1	643 (10.7)	118.4	697 (11.6)	194.0	811 (13.5)	255.2	652 (10.9)	337.0	556 (9.3)	329.7	573 (9.5)	328.0

Table 6 ASIRs per 100 000 population, as reported in other studies conducted in Pakistan and in New Delhi, India

		Pakistan						India			
		PCR 2010–2012: Lahore district		Badar <i>et al</i> 2015: SKMCH&RC, Lahore		Badar <i>et al</i> 2008: SKMCH&RC, Lahore		KCR 1998–2002: Karachi South district		1978–2002: New Delhi	
Age group	Cancer type/site	F	M	F	M	F	M	F	M	F	M
0–14 years	Lymphoid leukaemia	1.6	2.7	1.5	2	0.5	0.7	1.4	3.0	1.5	3.8
	Brain, nervous system	0.5	0.8	1	1	0.3	0.7	1.3	1.5	1.1	1.5
	Bone	0.5	0.6	0.4	0.4	0.3	0.4	0.7	0.6	0.6	0.8
	Eye	0.5	0.5	0.4	0.6	0.2	0.3	0.3	0.4	0.4	0.8
	Leukaemia, unspecified	0.4	0.6	0.3	0.5	0.1	0.3	0.2	0.1	0.4	0.6
	Connective and soft tissue	0.3	0.4	0.2	0.3	0.2	0.4	0.3	0.4	0.5	0.7
	Non-Hodgkin's lymphoma	0.3	0.9	0.4	0.7	0.3	0.9	0.8	1.2	0.4	1.3
	Hodgkin's lymphoma	0.3	1.1	0.2	0.9	0.2	0.4	0.5	1.4	0.1	1.3
	Kidney	0.3	0.3	0.1	0.5	0.3	0.3	0.3	0.5	0.6	0.9
	Myeloid leukaemia	0.2	0.3	0	0.1	0.1	0	0.2	0.9	0.4	0.7
15–19 years	Bone	1.4	2.4	1	2	–	–	3.3	2.4	–	–
	Brain, nervous system	0.9	1.2	1.7	1.9	–	–	1.6	2.2	–	–
	Ovary	0.8	–	0.2	–	–	–	1.9	–	–	–
	Connective and soft tissue	0.6	0.9	1	1.3	–	–	0.5	1.8	–	–
	Colon, rectum and anus	0.5	0.9	–	–	–	–	1.2	1.2	–	–
	Non-Hodgkin's lymphoma	0.5	1.3	0.7	1.3	–	–	2.1	4.2	–	–
	Hodgkin's lymphoma	0.4	1	1.2	1.3	–	–	0.5	0.8	–	–
	Lymphoid leukaemia	0.3	0.9	0.3	0.2	–	–	0.7	2	–	–
	Leukaemia, unspecified	0.3	0.2	0.3	0.3	–	–	0.9	0.8	–	–
	Myeloid leukaemia	0.2	0.4	0.2	0	–	–	2.6	2.2	–	–
≥20 years	Testis	–	0.7	–	0.6	–	–	–	1	–	–
	Skin	0.1	0.3	0	0	–	–	–	0.4	–	–
	Breast	79.2	1.3	–	–	–	–	114.9	1.6	–	–
	Ovary	7.9	–	–	–	–	–	14.1	–	–	–
	Lip and oral cavity	6.3	7.6	–	–	–	–	33.7	37.2	–	–
	Corpus uteri	6.1	–	–	–	–	–	11.1	–	–	–
	Colon, rectum and anus	6	7.5	–	–	–	–	7.8	10.6	–	–
	Non-Hodgkin's lymphoma	5.3	6.8	–	–	–	–	7.7	11.4	–	–
	Cervix uteri	4.8	–	–	–	–	–	12.5	–	–	–
	Other skin	4.4	4.8	–	–	–	–	6.9	7.1	–	–
	Liver	4	6.1	–	–	–	–	6.1	8.9	–	–
	Thyroid	3.5	1.2	–	–	–	–	4.7	1.1	–	–
	Prostate	–	10.7	–	–	–	–	–	16.8	–	–
	Bladder	2.4	8.4	–	–	–	–	4.4	15.4	–	–
	Trachea, bronchus and lung	2.0	7.7	–	–	–	–	5.9	41.9	–	–
	Brain, nervous system	3.3	5.8	–	–	–	–	3.5	4.3	–	–
	Larynx	0.6	3.4	–	–	–	–	3.0	17.9	–	–

ASIRs, age-standardised incidence rates; F, female; KCR, Karachi Cancer Registry; M, male; PCR, Punjab Cancer Registry.

Our literature review did not find any separate results for the broad ≥20-year category by the ACS or the Surveillance, Epidemiology, and End Results (SEER) Program.

However, stratification of the data for Lahore for adults by 5-year age group (tables 4 and 5) and further comparisons of the age-specific incidence rates of the commonly

Table 7 Comparison of the Lahore district ASIRs per 100000 population with those reported for Bangladesh and the USA, as compiled by the American Cancer Society (ACS), in children and adolescents

Source/region→ Year→ Cancer type/site↓	0–14 years				15–19 years		
	Lahore 2010–2012* ASIR	Bangladesh 2011–2014 ASIR	ACS 2007–2011† ASIR	ACS 2008–2012‡ ASIR	Lahore 2010–2012* ASIR	Bangladesh 2011–2014 ASIR	ACS 2008–2012‡ ASIR
All ICCC groups	15.4	0.7	17.5	16.2	20.6	0.2	22.4
Leukaemia	5.8	0.1	5.3	5.3	2.1	<0.1	3.3
Brain, nervous system	1.3	<0.1	4.6	3.5	2.1	<0.1	2.2
Hodgkin's lymphoma	1.4	–	0.6	0.6	1.4	–	3.2
Rhabdomyosarcoma	0.4	–	0.5	0.5	0.5	–	0.4
Bone tumour§	1.1	<0.1	0.7	0.6	3.8	<0.1	1.2
Non-Hodgkin's lymphoma	1.2	–	1.0	0.9	1.8	–	1.7
Neuroblastoma	0.3	<0.1	1.1	1.1	–	–	<0.1
Gonadal GCT	0.3	<0.1	0.3	–	1.3	<0.1	–
Nephroblastoma	0.6	<0.1	0.8	0.8	–	<0.1	<0.1
Retinoblastoma	1.0	0.2	–	0.4	<0.1	<0.1	–

*Does not include benign brain tumours.

†Includes benign brain tumours.

‡Excludes benign and borderline brain tumours.

§Bone tumour includes Ewing sarcoma and osteosarcoma.

ASIRs, age-standardised incidence rates; ICCC, International Classification of Childhood Cancer.

diagnosed cancers with what has been reported by IARC in CI5 Volume X and the SEER Program have revealed that, in general, the incidence rates for Lahore were somewhat different from those of New Delhi and Mumbai but markedly different from what has been reported by the SEER Program and the UK (England), with the latter two showing very high incidence rates for almost all cancer types.^{27 28} As for New Delhi and Mumbai, it has been shown that in males, the Lahore district incidence rates for prostate cancer were relatively high in the age groups of 50–54, 55–59, 60–64, 65–69 years compared with those for Mumbai but lower than those for New Delhi and markedly low compared with the UK incidence rates.²⁸ Online supplementary appendix A shows a comparison of three different types of cancers by region and four aforementioned age groups. Furthermore, the incidence rates for cancers of the trachea, bronchus and lung for Lahore were quite low compared with the aforementioned regions especially the UK, and similar differences were observed for cancers of the oral cavity, colorectum and NHL, in adults in all of the 5-year age categories. Among females, in all age groups in adults, the incidence rates for cancer of the breast were higher than those reported for the Indian registries under discussion except those 75+ years of age but markedly low compared with the UK rates except the age category of 20–34 years, in which the incidence rates were higher than the UK rates. Online supplementary appendix A shows a comparison of some of the age groups for breast cancer by region. Moreover, the incidence rates for cancers of the corpus uteri were high as compared with Mumbai except in those 75+ years but lower than New Delhi's. Incidence rates for

cancers of the ovary, oral cavity and colorectum were low, and for cancer of the cervix uteri, incidence rates were significantly lower than those for the Indian registries studied. The time periods available or used for making comparisons were 2003–2007 for New Delhi, Mumbai and the UK and 2010–2014 for the SEER Program.^{27 28} Finally, a comparison with the age-specific rates for the Karachi South district of Pakistan showed that for the time period 1998–2002, in both male and female patients, the KCR rates were significantly high for the commonly diagnosed cancers including prostate, breast, colorectum, lip and oral cavity, cervix uteri and corpus uteri versus those reported for Lahore.¹⁷ The differences, although intriguing, have not been fully explored to enable us to comment on them. Extensive population-based studies on risk factors could highlight some of the reasons associated with the differences observed. Although comparisons have been made with the incidence rates reported in other regions of the world, the use of different standard populations, as the Segi World Standard Population in our study and the US 2000 Standard Population by the ACS, indicates a limitation of our report. Furthermore, the availability of results from the abovementioned studies for different time periods is also suggestive of a limitation of our review.

Generalisability of the results

In Pakistan, the last census was held in 1998, and there is an ongoing one this year. In March 1998, the total population of the district of Lahore was recorded to be 6 318 745 with an intercensal increase of 78.3% since March 1981 when it was 3 544 942.⁹ The average

annual growth rate of Lahore was nearly 3.5% during this period. In the 1998 census report, the total area of Lahore was documented as 1772 square kilometres, which gives a population density of 3566 persons per square kilometre as against 2000 persons observed in 1981, thus indicating a high growth rate of the population.²⁹ A comparison of the population density per square kilometre of the Lahore district with other populous districts of Punjab, as reported in 1998, has been made: Gujranwala: 939, Faisalabad: 927, Sialkot: 903 and Multan: 838 persons.²⁹ It is, however, noticeable that the land area of these districts is vast as compared with the Lahore district.²⁹ The urban population of the Lahore district accounted for 82.4% of the total population of the district in 1998, which grew at an average rate of 3.3% during 1981–1998, but the urban population of the province of Punjab was 31.3%.²⁹ Urban population in other provinces of Pakistan was reported as: Sindh: 48.8%, Balochistan: 23.9% and Khyber Pakhtunkhwa: 16.9%, according to the 1998 population census.²⁹ The differences are stark reflecting that Lahore has had a very high population density for decades, and the ratio of urban to rural population has also remained extremely high for as long. These dissimilarities are meaningful and one can question whether the cancer distributions reported for Lahore can be extrapolated to the inhabitants of other districts of Punjab or to other provinces of the country. Once the latest census findings are released completely and studies on cancer registration conducted in other districts of the region, will we be able to see the actual scenario related to the incidence rates and will hopefully clarify this matter further.

CONCLUSIONS

In a resource-constrained country like Pakistan, having continued, sustainable reporting and registration of any disease is a challenge. There are, however, significant gains if an accurate and sustainable registry is available for diseases with a significant burden on society. Overall, childhood malignancies are often curable if diagnosed and treated in a timely and appropriate manner, and an accurate estimate of their incidence can help health planners in accurate allocation of resources to treat these.

The PCR and the reports on cancer estimates for Lahore will perhaps bring this neglected disease to the attention of policy makers and guide them about the allocation of healthcare resources to where they are most needed incorporating specialist training, infrastructure availability, development of prevention programmes, establishment of low cost, early detection/diagnosis methods/techniques and research into putative risk factors implicated in the aetiology of the disease. These reports could also motivate and facilitate other professionals to set up registries in their respective regions and promote cancer registration

in the country, thereby enabling comparisons of incidence rates with adjacent districts.

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Contributors FB conceived the idea of the study, designed it, supervised the statistical analysis, did literature search, interpreted the results, drafted the manuscript and finalised it. SM did the case finding, indexing and coding of cases, computed the incidence rates and created figures and tables.

Competing interests None declared.

Patient consent A retrospective review of the records was conducted using information from the Punjab Cancer Registry database.

Ethics approval The Institutional Review Board of the Shaukat Khanum Memorial Cancer Hospital & Research Center, Lahore, Pakistan.

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